



2014 South Island Championships

27 September – 29th September 2014, C-Bay Aquatic Centre, Timaru

This meet will be swum under SNZ Regulations.

- Age as at 27th September 2014
- The qualifying period is from the 30th August 2013 to the 14th September 2014
- The 2014 South Island Championships will be swum as Short Course (25m) using electronic timing.
- Age groups are 13-14 years, 15-16 years and 17 years and over.
- Qualifying times are published as short course 25m. Qualifying times swum in pools other than 25m must be converted using the SNZ Conversions.
- Swimmers may enter one (1) unqualified event.
- A maximum of two (2) visitors may progress from heats to finals in any one event, with the exception of timed finals where there is no limit on visitors.
- Relays will be regional and swum for both male and female as 13-14 years, 15-16 years and 17 years and over. Swimmers may swim up an age group but not in more than one age group per event.
- All 100m (excluding 100IM), 200m and 400m events will be swum as heats and an A final for each age group.
- All 50m events, the 100IM and relays will be swum as age group timed finals.
- The 800m and 1500m freestyle will be swum as open timed finals resulted to age groups.
- Individual and relay events shall be scored as follows 1st = 10, 2nd = 8, 3rd = 6, 4th = 5, 5th = 4, 6th = 3, 7th = 2, 8th = 1
- All entries must include swimmers details and proof of times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers names whose times were used to produce the entry time. Other than for relays, Custom Times will be accepted only with documented proof of time submitted with entries. No Times (NTs) will not be accepted; all entries must have a time swum during the qualifying period, including for unqualified events.
- Withdrawals for session 1 must be notified to the meet recorder not less than 24 hours prior to the start of the meet. For subsequent sessions, withdrawals must be notified not more than 30 minutes after the end of the previous session. There will be a fine of \$50 for any withdrawals not in accordance with this rule, except for medical injury or disability as judged by the Meet Director.
- Regional individual and relay competition points will be accumulated over the meet and are to be divided by the number of competitors in the team (at the commencement of the meet) to find the overall winning team. A trophy will be awarded to the winning region.
- Club individual competition points shall be accumulated over the meet. A trophy will be awarded to the club with 11 or more swimmers and a trophy will be awarded to the club with 10 or less swimmers who accumulate the most points.

ENTRIES

Regional Associations must submit entries. No club entries are permitted.

Club entries and fees are to be submitted to their **Regional Association**.

Clubs need to check with their **Regional Association** for their entry closing date.

Entries close for **Regional Associations** with **Swimming Canterbury West Coast on Tuesday 16th of September 2014** Late entries will not be accepted.

Once entries have closed, refunds for withdrawals will only be granted upon production of a valid medical certificate to justify the withdrawal, and only if submitted within 48 hours prior to the start of the meet.

Entries to be submitted by **Regional Associations** as a cfile or hyv file. Entries to be emailed to admin@swimcanterbury.org.nz and should include

- * Entries by swimmer with proof of time – word format
- * Entry fee summary – word format
- * Relay names report
- * Regional Coaches and Managers form

Entry fees are \$9.00 Individual event and \$15.00 Relay events. Regions will be invoiced for their entry fees after psych sheets have been checked and confirmed. Cheques from Regional Associations are to be made out to Swimming Canterbury West Coast and sent to Swimming Canterbury West Coast c/- Amanda McLeod 70 Mountain View Road Timaru.

PSYCH SHEETS

PSYCH SHEETS will be posted on the Swimming Canterbury West Coast website (www.swimcanterbury.org.nz) by Wednesday 17th September 2014.

Corrections to psych sheets are to be sent to admin@swimcanterbury.org.nz by midnight Monday 22nd September 2014.

Final Psych sheets will be posted on the Swimming Canterbury West Coast website by Tuesday 23rd September 2014.



2014 South Island Championships

27 September – 29th September 2014, C-Bay Aquatic Centre, Timaru

25m Qualifying Times

Male			Female			
13&14 yr	15&16 yr	17 & O	13&14 yr	15&16 yr	17 & O	
FREESTYLE						
50						
1:04.90	1:02.80	1:00.70	100	1:08.20	1:07.90	1:06.85
2:23.00	2:17.50	2:13.00	200	2:29.00	2:26.55	2:24.30
5:00.35	4:48.90	4:42.15	400	5:15.00	5:07.00	5:04.70
			800	10:55.00	10:38.35	10:37.00
19:57.70	19:24.50	18:58.90	1500			
BACKSTROKE						
50						
1:14.34	1:12.86	1:10.92	100	1:18.07	1:16.88	1:15.97
2:41.33	2:35.76	2:33.12	200	2:48.84	2:45.26	2:43.35
BREASTSTROKE						
50						
1:25.16	1:21.81	1:20.36	100	1:28.75	1:28.38	1:26.30
3:05.03	2:57.51	2:54.24	200	3:12.69	3:10.67	3:05.61
BUTTERFLY						
50						
1:17.64	1:13.99	1:12.98	100	1:19.39	1:18.51	1:17.49
2:51.78	2:47.96	2:46.76	200	2:56.47	2:54.03	2:53.52
MEDLEY						
100						
1:16.72	1:13.86	1:13.79	100	1:20.00	1:19.00	1:18.00
200						
2:46.00	2:40.00	2:37.87	200	2:52.33	2:48.10	2:47.15
400						
5:55.60	5:44.10	5:39.04	400	6:09.16	6:03.64	5:59.98

There will be no qualifying times for 50m events. Swimmers who wish to enter a 50m event, must have achieved a qualifying time in the 100m or 200m of the particular event. eg. 50m Butterfly, the swimmer must have qualified in either the 100m or 200m Butterfly.

A swimmer that qualifies in the 100m or 200m IM events may enter one 50m event of their choice. An entry time must be submitted for 50m events.



2014 South Island Swimming Championships

27 September – 29th September 2014, C-Bay Aquatic Centre, Timaru

Session 1 Sat 27 Sept Warm up 7.30am-8.20am, Start 8.30am	Session 3 Sun 28 Sept Warm up 7.30am-8.20am, Start 8.30am	Session 5 Mon 29 Sept Warm up 7.30am-8.20am, Start 8.30am
Prelims 1 Female 400 IM Prelims 2 Male 400 IM Finals 3 Female 13-14 50 Fly Finals 4 Female 15-16 50 Fly Finals 5 Female 17 & O 50 Fly Finals 6 Male 13-14 Fly Finals 7 Male 15-16 50 Fly Finals 8 Male 17 & O 50 Fly Prelims 9 Female 200 Free Prelims 10 Male 200 Free Prelims 11 Female 200 Breast Prelims 12 Male 200 Breast Finals-S 13 Female 800 Free Finals 14 Female 13-14 200 Medley Regional Relay Finals 15 Male 13-14 200 Medley Regional Relay Finals 16 Female 15-16 200 Medley Relay Finals 17 Male 15-16 200 Medley Regional Relay	Prelims 26 Female 200 Fly Prelims 27 Male 200 Fly Prelims 28 Female 100 Free Prelims 29 Male 100 Free Prelims 30 Female 100 Back Prelims 31 Male 100 Back Prelims 32 Female 200 IM Prelims 33 Male 200 IM Finals-S 34 Male 1500 Free Finals 35 Female 15-16 200 Freestyle Regional Relay Finals 36 Male 15-16 200 Freestyle Regional Relay Finals 37 Female 17 & O 200 Freestyle Regional Relay Finals 38 Male 17 & Over 200 Freestyle Regional Relay	Finals 47 Female 13-14 100 IM Finals 48 Female 15-16 100 IM Finals 49 Female 17 & O 100 IM Finals 50 Male 13-14 100 IM Finals 51 Male 15-16 100 IM Finals 52 Male 17 & O 100 IM Prelims 53 Female 200 Back Prelims 54 Male 200 Back Prelims 55 Female 100 Breast Prelims 56 Male 100 Breast Prelims 57 Female 400 Free Prelims 58 Male 400 Free Prelims 59 Female 100 Fly Prelims 60 Male 100 Fly Finals 61 Female 13-14 200 Free Regional Relay Finals 62 Male 13-14 200 Free Regional Relay
Session 2 Sat 27 Sept Warm up 4.00pm-4.50pm, Start 5.00pm	Session 4 Sun 28 Sept Warm up 4.00pm-4.50pm, Start 5.00pm	Session 6 Mon 29 Sept Warm up 3.00pm-3.50pm, Start 4.00pm
Finals 1 Female 400 IM Finals 2 Male 400 IM Finals 9 Female 200 Free Finals 10 Male 200 Free Finals 18 Female 13-14 50 Back Finals 19 Female 15-16 50 Back Finals 20 Female 17 & O 50 Back Finals 21 Male 13-14 50 Back Finals 22 Male 15-16 50 Back Finals 23 Male 17 & O 50 Back Finals 11 Female 200 Breast Finals 12 Male 200 Breast Finals-1 13 Female 800 Free(fastest T/F) Finals 24 Female 17 & O 200 Medley Regional Relay Finals 25 Male 17 & O 200 Medley Regional Relay	Finals 26 Female 200 Fly Finals 27 Male 200 Fly Finals 28 Female 100 Free Finals 29 Male 100 Free Finals 39 Female 13-14 50 Breast Finals 40 Female 15-16 50 Breast Finals 41 Female 17 & O 50 Breast Finals 42 Male 13-14 50 Breast Finals 43 Male 15-16 50 Breast Finals 44 Male 17 & O 50 Breast Finals 30 Female 100 Back Finals 31 Male 100 Back Finals 32 Female 200 IM Finals 33 Male 200 IM Finals-1 34 male 1500 Free (fastest T/F) Finals 45 Female 400 Medley Regional Relay Finals 46 Male 400 Medley Regional Relay	Finals 53 Female 200 Back Finals 54 Male 200 Back Finals 63 Female 13-14 50 Free Finals 64 Female 15-16 50 Free Finals 65 Female 17 & O 50 Free Finals 66 Male 13-14 50 Free Finals 67 Male 15-16 50 Free Finals 68 Male 17 & O 50 Free Finals 55 Female 100 Breast Finals 56 Male 100 Breast Finals 57 Female 400 Free Finals 58 Male 400 Free Finals 59 Female 100 Fly Finals 60 Male 100 Fly Finals 69 Female 400 Free Regional Relay Finals 70 Male 400 Free Regional Relay