

SOUTH ISLAND SECONDARY SCHOOLS

SWIMMING CHAMPIONSHIPS 2014

EVENT INFORMATION

Date Sat - Sun 5-6 July 2014

Time	Session 1	Saturday	Warm-up 2.30 pm	Starts 3.15 pm
	Session 2	Sunday	Warm-up 8.00 am	Starts 8.45 am
	Session 3	Sunday	Warm-up 2:30 pm	Starts 3:15 pm

Venue Moana Pool, Littlebourne Rd, Dunedin

Entry Entries due **Thursday 19 June 2014**. No late entries will be accepted.

Entry fees are \$7 per individual event and \$12 per relay team event.

Schools will be invoiced after the meet by Swimming Otago.

- **SNZ-Registered swimmers:** Entries must be submitted in a TM file by a swimming club recorder (see separate notes). Provide a copy to your school.
- **Unregistered swimmers:** Submit entries to your school sports coordinator.
- **School Coordinators:** Submit your school's team entry form, relay entries, and individual entries for all swimmers.
- Swimmers must equal or better the qualifying times (see page 3), be Year 9 or above, be under 19 years of age on 1 January 2014 (SWID excepted), and be enrolled full-time at school. Swimmers without proof of qualifying times may enter 50m events and relays.
- Home schooled swimmers, please provide Ministry of Education documentation.
- There is no limit to the number of entries per event from each school.
- There is no limit on the number of events an individual may enter.
- Entry times shall be submitted as Short Course.

Age Groups Swimmers may compete in their age group and open events.

- Age groups are: **14yrs and under / 15yrs and over**
- 50m and 100m events will be scored by age groups by gender. 200m and 400m events and all Relays are Open, by gender.
- Ages calculated as at the day of meet: 5 July 2014

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Format

Event will be swum as short course (25m)

- 50m and 100m events will have prelims and finals. Other events will be timed finals.
- Swimmer with a Disability events will be swum as timed finals.
- The prelims for able-bodied 50m events will be seeded as mixed open events i.e. girls and boys of all ages will swim together in the heats.
- The eight fastest heat times in each age group and gender will qualify for finals.
- TM results will be available to clubs after the meet.
- Relays will be swum as timed finals. Late entries with entry fee for relay teams will be accepted until end of the session prior to the relay.
- The event is alcohol, smoke and drug free.

RULES OF THE CHAMPIONSHIP

1. All events will be conducted under the SNZ Regulations and the FINA Rules, except where local meet rules apply.
2. To enter, swimmers must equal or better qualifying times and provide proof of times with entries, except for 50m events and relays.
3. Swimmers with a physical disability "SWPD" may compete. Schools must sign swimmers' authorisation to compete in SWPD events.
4. Swimmers with an intellectual disability "SWID" may compete. Schools must sign swimmers' authorisation to compete in SWID events.
5. All swimmers must be marshalled when required, as all events will start promptly. Competitors must be ready when called, or the event may be started without them.
6. Protests must be lodged in accordance with SNZ Regulations; the fee shall be \$50.00.
7. All relay events are Open and will be swum as timed finals.
8. 50m and 100m events will be swum as mixed prelims and seeded according to entry time. Finals for 50m and 100m events will be swum by age group (female and male).
9. SWPD and SWID results for events are open (female and male).
10. The one start rule will apply.
11. At the beginning of each race when the whistle is blown, there is to be silence and no movement on poolside.
12. Each competitor is to remain in his/her lane until instructed to leave.
13. Swimmers must exit from the side of the pool UNDER the lane ropes.
14. Full results will be available on www.swimotago.org.nz and www.ossas.org.nz

RELAYS

15. Mixed relay teams must have 2 boys and 2 girls (any order). Schools may enter mixed and single gender relay teams but a swimmer must not swim both. However a

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swimmer can swim two different relays (eg mixed medley and the girls' freestyle relay).

16. Relay swimmers names, in the order of swimming, must be in the recorder's hands 30 minutes before the start of the session in which they are to be swum.

PRIZES

17. Ribbons will be awarded for 1st, 2nd and 3rd place in each individual event and relay.

WITHDRAWAL RULES

18. Entrants wishing to withdraw from an event shall do so in writing signed by the team manager and lodged with the recorder as described below.
19. Withdrawals for Session 1 must be notified to the Swimming Otago by 9am on 4 July; send to swimming.otago@xtra.co.nz. For the second and third sessions, withdrawals are to be notified to the recorder's table by the completion of the previous session. No reseeding will be done.
20. Entry fees will be refunded for withdrawals if a medical certificate is supplied to Swimming Otago by Friday 4 July 2014.
21. **PENALTY FOR NO-SHOW:** Anyone who does not intend to swim in a final or timed final in which they have been entered must withdraw, in writing on the form provided, by the times set out in clause 19 above. The penalty for a 'no show' in a final or timed final is a \$15 fine. Withdrawal sheets are available from the recorders desk.

Officials

Swimming Otago will provide as many officials as possible to run the event. However each school is asked to provide **at least one helper for every two swimmers**, as the event requires a number of timekeepers. This can be a parent or teacher or capable student. We will be flexible for schools travelling a long distance, but we need to know how many helpers you are bringing. See the form on the last page.

Pool Entry

Pool entry is free for SISS swimmers. Spectators pay 50c

Parking

All day parking will be available in the Moana Pool carpark.

Contacts

Secondary Schools

Regional Sports Director

Nicki Paterson

Otago Secondary Schools Sports Association

Ph: 03 474 8445 or 027 333 1234

nicki@osssa.org.nz

www.osssa.org.nz

Swimming Otago Meet Organiser

Patricia McNaughton

Ph: 03 454 5323 or 021 035 2744

P.O. Box 79

Dunedin 9054

swimming.otago@xtra.co.nz

www.swimotago.org.nz

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Qualifying Times

Proof of entry times (at least as fast as qualifying times) must be provided either from a club TM file or signed results from a regional secondary schools meet. Swimmers without proof of qualifying times can enter 50m events and relays. Times below are short course (25m pool) times. Use SNZ conversion tables to convert swims done in pools other than 25m (see 2014 Competition Booklet at www.swimmingnz.org.nz/events/competition-booklets).

	14 & U Girls	14 & U Boys	15 & O Girls	15 & O Boys	Open Girls	Open Boys
Note: There are no qualifying times for any 50m events or relay events.						
Freestyle						
100	1:20.00	1:09.00	1:13.00	1:05.00		
200					2:45.00	2:25.00
400					5:40.00	5:15.00
Backstroke						
100	1:28.00	1:24.00	1:25.00	1:20.00		
200					3:10.00	2:45.00
Breaststroke						
100	1:38.00	1:33.00	1:35.00	1:29.00		
200					3:30.00	3:05.00
Butterfly						
100	1:40.00	1:30.00	1:25.00	1:16.00		
200					3:00.00	2:45.00
Individual Medley						
200					3:00.00	2:40.00
400					6:00.00	5:40.00

Swimming Otago is pleased to host this event and looks forward to some exciting competition between schools.

MEET PROGRAMME

Session 1: Saturday evening		
Warm-up: 2.30pm		Starts: 3.15pm
1	Timed Final	Boys 200 Freestyle
2	Timed Final	Girls 200 Freestyle
3	Prelims	Mixed 100 Breaststroke
4	Prelims	Mixed 50 Freestyle
114	Timed Final	SWPD Mixed 50 Freestyle
124	Timed Final	SWID Mixed 50 Freestyle
5	Timed Final	Boys 200 Backstroke
6	Timed Final	Girls 200 Backstroke
7	Prelims	Mixed 50 Breaststroke
8	Prelims	Mixed 100 Butterfly

Session 2: Sunday morning		
Warm-up: 8.00am		Starts: 9.15am
9	Timed Final	Mixed 200 Medley Relay
10	Timed Final	Girls 200 Medley Relay
11	Timed Final	Boys 200 Medley Relay
12	Prelims	Mixed 50 Butterfly
13	Timed Final	Girls 200 IM
14	Timed Final	Boys 200 IM
15	Prelims	Mixed 50 Backstroke
115	Timed Final	SWPD Mixed 50 Backstroke
125	Timed Final	SWID Mixed 50 Backstroke
16	Prelims	Mixed 100 Freestyle
17	Timed Final	Girls 200 Butterfly
18	Timed Final	Boys 200 Butterfly
19	Prelims	Mixed 100 Backstroke
20	Timed Final	Girls 200 Breaststroke
21	Timed Final	Boys 200 Breaststroke

Session 3: Sunday evening		
Warm-up: 2.30pm		Starts: 3.15pm
16	Finals	100 Freestyle
12	Finals	50 Butterfly
22	Timed Final	Girls 400 Freestyle
23	Timed Final	Boys 400 Freestyle
19	Finals	100 Backstroke
7	Finals	50 Breaststroke
117	Timed Final	SWPD Mixed 50 Breaststroke
127	Timed Final	SWID Mixed 50 Breaststroke
8	Finals	100 Butterfly
24	Timed Final	Girls 400 IM
25	Timed Final	Boys 400 IM
15	Finals	50 Backstroke
3	Finals	100 Breaststroke
4	Finals	50 Freestyle
26	Timed Final	Mixed 200 Freestyle Relay
27	Timed Final	Girls 200 Freestyle Relay
28	Timed Final	Boys 200 Freestyle Relay

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SOUTH ISLAND SECONDARY SCHOOLS SWIMMING CHAMPIONSHIPS 2014

ENTRY FORM – SCHOOL DETAILS

Entries close Thursday 19 June 2014 – email: swimming.otago@xtra.co.nz

School: _____

Team Manager: _____

Mobile phone no.: _____ Email: _____

No. of Competitors: _____ No. of Helpers: _____ (see also last page)

Team Roster

Please note: In addition to this team roster, schools must submit copies of the individual entry forms completed by swimmers. Print another copy of this form if your school is entering more than 8 swimmers.

Full Name (please write clearly or type)	Date of birth dd/mm/yy	No. of events	Entry fees \$7/event
1			
2			
3			
4			
5			
6			
7			
8			
Total number of individual entries @ \$7 per event			
Total number of relays entered @ \$12 each			
Total fees			

The students named above are enrolled at this school in a class in Year 9 or above on the day of competition, are under the age of 19 years as at 1 January 2014, and satisfy the eligibility criteria for secondary school sporting competitions as set by NZSSSC.

Signed _____ (Sports Director/Coordinator)

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ENTRY FORM FOR INDIVIDUALS

All swimmers: Entries must be with either your school sports coordinator or club by Monday 16 June 2014. SNZ Registered swimmers should submit entries via your club recorder* with a copy to the school coordinator.

School: _____ **Date of Birth** dd/mm/yy _____

First name: _____ **Surname:** _____

Gender: (circle one) **Male / Female** **Registered with Swimming NZ?** Yes / No

Swimming club: (if any) _____

Qualifying times: To enter 100, 200 & 400m events, swimmers must have achieved qualifying times on page 3 (or see www.swimotago.org.nz). Proof of entry times must be provided either from a club TM file or signed results from a regional secondary schools meet. Swimmers without proof of qualifying times can enter 50m events and relays.

To enter, circle the event number of each event you wish to enter and, if you are **NOT** a registered swimmer, provide your best time (for registered swimmers, this will be supplied by your club recorder).

Event No.	Event	Entry Time (SC)	Event No.	Event	Entry Time (SC)
1	Boys 200 Freestyle		115	SWPD Mixed 50 Backstroke	
2	Girls 200 Freestyle		125	SWID Mixed 50 Backstroke	
3	Mixed 100 Breaststroke		16	Mixed 100 Freestyle	
4	Mixed 50 Freestyle		17	Girls 200 Butterfly	
114	SWPD Mixed 50 Freestyle		18	Boys 200 Butterfly	
124	SWID Mixed 50 Freestyle		19	Mixed 100 Backstroke	
5	Boys 200 Backstroke		20	Girls 200 Breaststroke	
6	Girls 200 Backstroke		21	Boys 200 Breaststroke	
7	Mixed 50 Breaststroke		22	Girls 400 Freestyle	
8	Mixed 100 Butterfly		23	Boys 400 Freestyle	
12	Mixed 50 Butterfly		117	SWPD Mixed 50 Breaststroke	
13	Girls 200 IM		127	SWID Mixed 50 Breaststroke	
14	Boys 200 IM		24	Girls 400 IM	
15	Mixed 50 Backstroke		25	Boys 400 IM	

* Club recorders – we need your help processing these entries. See www.swimotago.org.nz for more info.

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ENTRY FORM FOR RELAYS

Entries close Thursday 19 June 2014 – email: swimming.otago@xtra.co.nz

Note: Please print extra copies of this form to enter teams in more than one event or to enter more than one team in one event.

Event number

- name:*

School:

Team Name:

Swimmer 1

Swimmer 2

Swimmer 3

Swimmer 4

*Event Numbers and Names for Relay Events

Event Number	Event Name
9	Mixed 200 medley relay
10	Boys 200 medley relay
11	Girls 200 medley relay
26	Mixed 200 freestyle relay
27	Boys 200 freestyle relay
28	Girls 200 freestyle relay

** Team names are required only if a school is entering more than one relay team in the same event, and should be A, B, C, e.g. Nelson College A, Nelson College B etc.

Order of stroke for medley relay is: Backstroke, Breaststroke, Butterfly, Freestyle.

Mixed relays must have 2 boys and 2 girls, in any order.

SOUTH ISLAND SECONDARY SCHOOLS SWIMMING CHAMPIONSHIPS 2014

LIST OF HELPERS

Schools should complete this form and submit with entries.

Each school is asked to provide at least one timekeeper or other official for every two swimmers. This can be a parent or teacher or capable student.

We will be flexible for schools travelling a long distance, but we need to know how many helpers each school is bringing and get names so we can prepare a roster.

School: _____ **No. of swimmers entered:** _____

Name of helper (e.g. for timekeeping)	Swimming official?*
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

* If the person listed is a qualified swimming technical official, please indicate if they are a Referee, Starter, Inspector of Turns (IOT) or other official. Otherwise leave blank or enter TK for Timekeeper.



Otago Regional Sports Director
PO Box 6303, Dunedin

Ph 03 474 8445, Mobile 027 3331234

Email: nicki@osssa.org.nz Web: www.osssa.org.nz

LOCAL ACTIVITIES & FOOD LOCATIONS

Swimming	Moana Pool & Hydro slides	
	Littlebourne Rd, (just off Stuart Street)	ph. 03 471 9780
Ten Pin Bowling	Bowl line - Kaikorai Valley Rd	ph. 03 476 4944
Movies	Rialto - Moray Place	ph. 03 474 2200
NZ Sports Hall of Fame	Dunedin Railway Station, Anzac Ave	ph. 03 477 7775
Laser Force	Cnr Anzac Ave and Frederick St	ph. 03 474 9179
TimeZone	177 George St	ph. 03 477 5353
Dunedin Ice Stadium	101 Victoria Rd, St Kilda	ph. 03 456 4556

Supermarkets

Roslyn New World	291D Highgate, Roslyn	ph. 03 477 9796
Roslyn Fresh Choice	279 Highgate, Roslyn	ph. 03 474 0983
Centre City New World	133 Great King St, Dunedin	ph. 03 477 4677
Gardens New World	6 North Rd, North East Valley	ph. 03 473 8754
Countdown Dunedin	309 Cumberland Street	ph. 03 477 7283
PAK'n Save	86 Hillside Rd, Sth Dunedin	ph. 03 455 5129

For further information about local activities contact the Dunedin Visitors Centre
 Ph. 03 474 3300

LOCAL CONTACT DETAILS

Dunedin Urgent Doctors (after hours)	95 Hanover St	ph. 03 479 2900
Dunedin Urgent Pharmacy (after hours)	95 Hanover St	ph. 03 477 6344

Laundry services

Sudz	4 Howe Street	ph. 03 477 7421
South Laundry Ltd	278B King Edward St, Sth Dunedin	ph. 03 455 2119
Preens	Crn Castle & Fredrick Street	ph. 03 477 6691